



Teaching Staff 教師資料

We have a teaching staff of 93 members, including the Headmistress, 4 Vice-Principals, 2 Assistant Principals and 87 teachers.

本校共有93位教師, 其中包括1位校長, 4位副校長及2位助理校長。



Teaching Experience	0-4 years	5-9 years	10 years or above
年資	0至4年	5至9年	10年或以上
% of all teaching staff 佔全校教師人數 百分比	25.8	17.2	57

Qualifications 學歷	Bachelor Degree 學士	Master/ Doctorate Degree 碩士或博士	Teacher's Certificate / Diploma in Education 教育文憑	Special Education Training 特殊教育 培訓
% of all teaching staff 佔全校教師人數 百分比	46.2	52.7	87.1	16.1

Curriculum 課程

Subjects offered 開設科目

Junior Forms Curriculum (Compulsory Subjects) 初中課程(必修科目)	F.1 中一	F.2 中二	F.3 中三
Chinese Language * # 中國語文 * #	✓	✓	✓
Chinese History # 中國歷史 #	✓	✓	✓
Computer Literacy * 電腦 *	✓	✓	✓
English Language * 英國語文 *	✓	✓	✓
Life and Society 生活與社會/ Citizenship, Economics and Society 公民、經濟與社會	✓	✓	✓
Literature in English 英語文學	✓	✓	✓
Family & Life Education # 家庭生活教育 #	✓	✓	✓
Geography 地理	✓	✓	✓
History 歷史	✓	✓	✓
Integrated Science 綜合科學	✓	✓	✓
Mathematics * 數學 *	✓	✓	✓
Music 音樂	✓	✓	✓
Physical Education 體育	✓	✓	✓
Putonghua # 普通話 #	✓	✓	✓
Religious Studies 宗教	✓	✓	✓
Science & Technology Education 科學與科技教育	✓	✓	
Technology & Living * 科技與生活 *	✓	✓	
Visual Arts 視覺藝術	✓	√	✓

Junior Forms Curriculum (Elective Subjects) 初中課程(選修科目)	F.1 中一	F.2 中二	F.3 中三
French ^ 法文 ^	✓	✓	✓
Japanese ^ 日文 ^	✓	✓	✓
Korean ^ 韓文 ^	✓	√	✓
Spanish ^ 西班牙文 ^	✓	✓	✓

^{*} Conducted in groups

Senior Forms Curriculum (Compulsory Subjects) 高中課程(必修科目)	F.4 中四	F.5 中五	F.6 中六
Chinese Language * # 中國語文 * #	✓	✓	✓
Citizenship and Social Development 公共及社會發展	✓	✓	✓
English Language * 英國語文 *	✓	✓	✓
Mathematics * 數學 *	✓	✓	✓
Music 音樂 (NON-HKDSE Curriculum 香港中學文憑試課程)	✓	✓	✓
Physical Education 體育 (NON-HKDSE Curriculum 香港中學文憑試課程)	✓	✓	✓
Religious Studies 宗教 (NON-HKDSE Curriculum 非香港中學文憑試課)	✓	✓	✓
Service Learning 服務學習 (School - based Curriculum 校本課程)	✓		

Senior Forms Curriculum (Elective Subjects) 高中課程(選修科目)	F.4 中四	F.5 中五	F.6 中六
Biology 生物	✓	✓	✓
Business, Accounting & Financial Studies 企業、會計與財務概論	✓	✓	✓
Chemistry 化學	✓	✓	✓
Chinese History # 中國歷史 #	✓	✓	✓
Chinese Literature # 中國文學 #	✓	✓	✓
Economics 經濟	✓	✓	✓
Literature in English 英語文學	✓	✓	✓
Geography 地理	✓	✓	✓
History 歷史	✓	✓	✓
Information and Communication Technology 資訊及通訊科技	✓	✓	✓
Mathematics Extended Modules 1 & 2 數學延伸單元一及二	✓	✓	✓
Music 音樂	✓	✓	✓
Physical Education 體育	✓	✓	✓
Physics 物理	✓	✓	✓
Tourism & Hospitality Studies 旅遊與款待	✓	✓	✓
Visual Arts 視覺藝術	✓	✓	✓
French ^ 法文 ^	✓	✓	✓
Japanese ^ 日文 ^	✓	✓	✓
Korean ^ 韓文 ^	✓	✓	√
Spanish ^ 西班牙文 ^	✓	✓	✓

[#] Conducted in Chinese

[^] Offered and charged by third-party institutions outside school timetable

^{*} 以小組進行

[#] 以中文教授

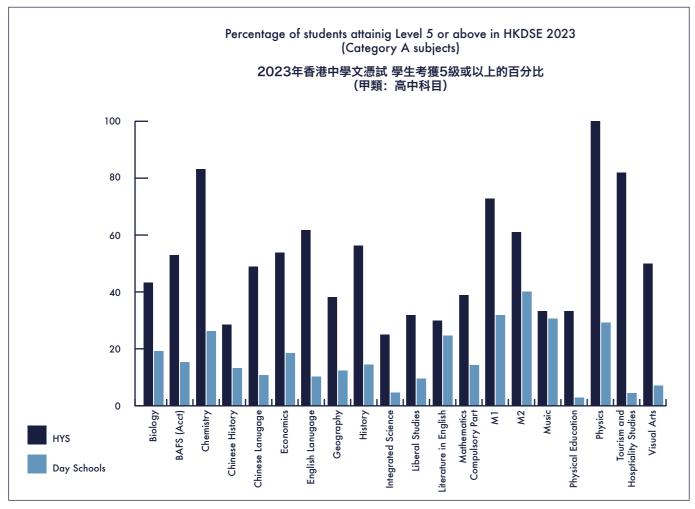
[^] 由第三方院校開辦的收費課程, 於課外時間上課

Academic Achievements 學業成就

2023 HKDSE Results 2023年香港中學文憑試成績

No. of students attaining six Level 5** or more 獲得6科5**級以上成績的學生人數	1
No. of students attaining four Level 5** or more 獲得4科5**級以上成績的學生人數	4
No. of students attaining three Level 5** or more 獲得3科5**級以上成績的學生人數	9











2021-2023 HKDSE Results 2021-2023年香港中學文憑試成績

No. of examination subjects sat per year (no. of students x subjects) 每年參與考試的科目數量(學生人數 x 科目)	997	
Average Percentage of Level 5** attained (subjects) 達到 5** 級的平均百分比(科目)	8.6	Average
Percentage of Level 5* or above attained (subjects) 達到5*級或以上的百分比(科目)	25.6	平均
Percentage of Level 5 or above attained (subjects) 達到5級或以上的百分比(科目)	47	



2021-2023 Destinations of Graduates 2021-2023 中六畢業生升學概述

Multiple Pathways 多元出路

With the comprehensive life planning curriculum ranging from Careers lessons, Work Placement Programme, University Fair, Alumnae Mentorship and Careers Sharing, etc., our graduates are well supported to pursue diverse pathways and destinations according to their abilities, interests and orientations. Many of them further their studies in Hong Kong in degree programmes through JUPAS. In recent years, we have also sent many of our girls to prestigious institutions overseas, including the University of Cambridge, the University of Oxford, the UCLA, the University of Toronto, the University of British Columbia, Imperial College London and other Russell Group Universities. Some of the success stories have been made possible thanks to the Hong Kong Scholarship for Excellence Scheme.

本校通過多元化的升學輔導活動,例如生涯規劃課、職場體驗計劃、大學節、校友啟導計劃及經驗分享等項目,幫助學生按能力、興趣和方向,作出適合自己的升學選擇。大部份學生會經「聯招」在港升讀學位課程,也有不少學生赴笈海外,升讀著名大學,其中包括劍橋大學、牛津大學、加州大學洛杉磯分校、多倫多大學、英屬哥倫比亞大學、倫敦帝國學院及羅素大學集團的學校等。尤令人感恩的是,有學生憑優秀的表現而獲頒香港卓越獎學金而遠赴海外大學深造。

2021-2023 JUPAS Offer 2021-2023年大學聯合招生取錄結果

Percentage of students receiving a JUPAS offer 獲得「聯招」取錄的學生百分比	90.7%	
Percentage of students receiving an offer from HKU/CUHK/HKUST 獲得香港大學/香港中文大學/香港科技大學取錄的學生比例	67.5%	Average 平均
No. of students admitted to Medicine and Dentistry Programmes 升讀醫學和牙科課程的學生人數	37	
No. of students admitted to Medical-related Programmes 升讀醫學相關課程的學生人數	58	Total
No. of students admitted to Law-related Programmes 升讀法律相關課程的學生人數	27	總數

2021-2023 Major External Scholarship 2021-2023年大學入學/升學獎學金

No. of students awarded the CityU Student Athletes Admission Scheme 獲得香港城市大學運動員入學獎學金計劃的學生人數	2	
No. of students awarded the CUHK Admission Scholarship* 獲得香港中文大學入學獎學金的學生人數*	24	
No. of students awarded the CUHK Sports Scholarship Scheme 獲得香港中文大學體育獎學金計劃的學生人數	8	Total
No. of students awarded the HK Scholarship for Excellence Scheme 獲頒香港卓越獎學金計劃的學生人數	3	2021-2023 (As of 12th Oc-
No. of students awarded the HKU Entrance Scholarships for HKDSE* 獲頒港大入學獎學金的學生人數*	3	tober, 2023) 總數 (截至2023年
No. of students awarded the HKU Sports Scholarship Scheme 獲得香港大學體育獎學金計劃的學生人數	11	10月12日)
No. of students awarded the HKUST University Admission Scholarship* 獲得香港科技大學入學獎學金的學生人數*	9	*Pending Re- sults of 2023
No. of students awarded the Home and Youth Affairs Bureau Multi-faceted Excellence Scholarship 獲得青年發展委員會多元卓越獎學金的學生人數	5	*有關大學尚
No. of students awarded the PolyU Entry Scholarship (2022-23) 獲得香港理工大學入學獎學金的學生人數(2022-23)	16	年的結果
No. of students awarded the PolyU Outstanding Sportsmen Recommendation Scheme 獲得香港理工大學傑出運動員推薦計劃的學生人數	2	
No. of students awarded the Sir Edward Youde Memorial Prizes for Senior Secondary School Students 獲得尤德爵士高中生紀念獎的學生人數	6	

2022-2023 Major Awards 2022-2023 重要獎項概覽



Sports Awards 運動獎項

	A Grade	B Grade	C Grade	Senior	Junior	Overall
Inter-School Competition 2	2022-2023 (Kov	wloon) - Div	ision One			
Badminton	2nd	1 st	2nd			2nd
Basketball	1 st	1 st	1 st			1 st
Inter-School Competition 2	2022-2023 (HK	Island & Ko	wloon) - Div	ision One		
Archery	5th	4th	4th			4th
Athletics	3rd	3rd	3rd			3rd
Beach Volleyball				2nd	1 st	2nd
Cross-Country	3rd	2nd	2nd			2nd
Fencing						2nd
Handball				1 st	1 st	1 st
Indoor-rowing	2nd	2nd	3rd			3rd
Netball	2nd	3rd	3rd			2nd
Squash						2nd
Swimming	2nd	2nd	2nd			2nd
Table Tennis	2nd	1 st	2nd			2nd
Tennis						2nd
Tenpin Bowling						4th
Volleyball	2nd	2nd	1 st			1 st
All Hong Kong Inter-Seco	ndary Schools	Competition				
Football						4th
Hockey				1 st	1 st	1 st
Life-Saving				1 st	2nd	2nd
Rugby		1 st	5th			/
Softball						1 st

Music Awards 音樂獎項

Competition		Title of the award
12th World Choir Games - Gangneung 2023 Tour Choir	Youth Choirs of Equal Voices	Gold Medal
12th World Choir Games - Gangneung 2023 Tour Choir - Musica Contemporanea Equal Voices (Contemporary Music)		Gold Medal
2022 Hong Kong Youth Music Interflows	Symphony Orchestra Interflow	Silver Award
	Senior Choir Ensemble	Gold Award
75th Hanni Kanni Caharah Adamia Fasii ad	Senior Mixed Choir Ensemble	Gold Award
75th Hong Kong Schools Music Festival	String Orchestra (Intermediate)	Gold Award
	Junior Choir Ensemble	Gold Award
	Orchestra	Gold Award
	Chinese Instrument Ensemble	Gold Award
	String Orchestra	Gold Award
Joint School Music Competition 2023	Senior Mixed Choir Ensemble String Orchestra (Intermediate) Junior Choir Ensemble Orchestra Chinese Instrument Ensemble String Orchestra String Orchestra String Ensemble Junior Choir Woodwind Ensemble	Gold Award
	Junior Choir	Gold Award
	Woodwind Ensemble	Gold Award
	Symphonic Band	Silver Award
	Intermediate Mixed Choir	Gold Award
Hann Kann Jatan Caland Chand Fortind	Senior Mixed Choir	Gold Award
Hong Kong Inter-School Choral Festival	Senior Choir	Gold Award
	Junior Choir	Gold Award





Debating Awards 辯論獎項

Competit	tion	Title of the award
亞洲盃亞洲中學華語辯論賽	高中組	冠軍
「思法青見」中學生辯論比賽	·	冠軍
基推會主辦-港澳中學華語辯論賽		冠軍
基本法多面體全港中學生辯論賽		冠軍

Drama Awards 戲劇獎項

Competition	Title of the award	
	Adjudicators' Award	
	Award for Outstanding Script	
Hong Kong School Drama Festival 2022-23	Award for Outstanding Director	
	Award for Outstanding Cooperation	

Visual Arts Awards 視覺藝術獎項

Competition	Title of the award
HKEDB - 'We Learn We Draw' Drawing Competition	Gold Award
International Youth Arts and Cultural Centre - 14th International Open Visual Arts Competition	Gold Award
12th World Children Art Awards 2023 (Painting in Youth Section)	Silver Award
Hong Kong Music & Art Centre - Hong Kong Open Visual Arts Competition 2023	Silver Award





Science Awards 科學獎項

Competition		Title of the award	
Hong Kong Student Science Project Competition 2023	Junior Division, Biology and Chemistry Category, Investigation Project	Champion	
		Social Innovation Award	
		Visitors' Favorite Award	
International Science And Invention Fair - Environment Division		Silver Award	
CityU Science Patent Challenge 2022		Silver Award	
International Junior Science Olympiad 2023 – Hong Kong Screening		Overall Team Award	
		Second Runner-up	
HKBU AI HK OpenCup 2022		Future Star of Al Award	

Language Arts Awards 語文藝術獎項

Competition		Title of the award
Harvard GlobalWE Essay Contest		Winner
EDD National County William County	Junior Form	2nd Place
EDB National Security Writing Competition	Senior Form	1 st Place
₩±±±₩\$2022	散文組	冠軍及推薦獎
城市文學獎2022	新詩組	冠軍
「中國太平盃——我為國家航天點讚」香港校際作文暨普通話朗誦大賽		特等獎
労工・中央の注照 ナハ目 山豆 いま	中學新詩組	冠軍
第十六屆全港學生公開朗誦比賽	中學古詩組	冠軍
2021-2022中國中學生作文大賽(香港賽區)	初中組	金獎

Other Awards 其他獎項

Competition	Title of the award
Consumer Culture Study Award 2022	Best Creative Media Award
Youth ImpACT Award 2.0	Bronze Award
2022躍動龍城基本法齊參與活動系列 展藝青創卓越青年計劃	榮譽青年領袖大獎
HSBC Young Financial Planners Programme - Short Video Competition	Gold Award
Junior Entrepreneur Business Management Competition 2023	1 st runner up
	First Runner Up
Rotary Carbon Reduction and Ecological Conservation Video Competition	Most Creative Video













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School Fee 2023-2024 學費 2023-2024

	Number of Instalments 期數	School Fee per Instalment 毎期學費	School Fee (Whole Year) 每期學費
Form One 中一	10	\$3,916.00	\$39,160.00
Form Two 中二	10	\$3,916.00	\$39,160.00
Form Three 中三	10	\$3,916.00	\$39,160.00
Form Four 中四	10	\$3,916.00	\$39,160.00
Form Five 中五	10	\$3,916.00	\$39,160.00
Form Six 中六	6	1st instalment 第一期 \$6,530.00, 2nd to 6th instalment 第二至六期 \$6,526.00	\$39,160.00

- School fee payable for the succeeding year after class promotion will be no less than the school fee payable for the current year (subject to EDB's approval).
- Depending on the school's development and financial situation, fee revision applications may be submitted to EDB in future.
- · 當同學在翌年升級後,所需繳付的學費將不少於現時的學費水平 (如獲教育局批准)。
- · 因應學校的發展和財務狀況,未來校方或需再向教育局申請調整學費。

Proposed Budget 2023-2024 財政預算 2023-2024



Income 收入	Percentage 百分比	Expenditure 支出	Percentage 百分比
DSS Subsidy 直接資助計劃津貼	65.97%	Salaries 薪酬	78.11%
School Fees from F.1-6 DSS students 中一至中六學費	34.03%	Operating Expenses 營運開支	12.22%
		Fee Remission/ Scholarship 學費減免計劃/ 獎學金	9.67%
Total 總額	100%	Total 總額	100%

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Fee Remission Scheme 學費減免計劃



The School provides a fee remission scheme for needy students, including those from families receiving Comprehensive Social Security Assistance (CSSA) and students receiving financial assistance from the Student Financial Office (SFO). Fee remission is offered to eligible students, subject to the availability of funds in the scheme.

Applications are normally made before the commencement of a school year, but exceptional circumstances (such as a family member contracting chronic illness which requires high medical expenses, sudden and drastic changes to the family's financial situation, etc) would warrant special consideration and suitable arrangements. Needy students can apply for fee remission through their parents or legal guardians. The level of fee remission granted depends on the family's gross annual income, with varying levels available and a maximum of full fee cut (100%).

有經濟需要的學生(包括申領綜合社會保障援助或獲學生資助處提供經濟援助者)可向學校申請學費減免。校方將視乎學費減免/獎學金計劃下的撥備.給予有經濟需要的學生學費減免。

一般情況下,申請人在每個學年開始前須辦理學費減免申請。在特殊情況下(例如申請者的家庭成員罹患長期疾病,需要支付大量醫療費用,或申請人家庭的財務狀況突然轉差等),校方將酌情處理,作出特別安排。學生如需申請財務支援,可透過家長或合法監護人提出申請,並參考本校學費減免計劃的條款,以計算出可獲全免、四分三免、半免或四分一免。

Level of Fee Remission 學費減免幅度	School Fees Payable per year 每年繳交學費金額
Full (100%) 全免	Nil \$0
Three-Quarters (75%) 四分三免	25% of the school fee 學費之25%
Half (50%) 半免	50% of the school fee 學費之50%
Quarter (25%) 四分一免	75% of the school fee 學費之75%

Fee Remission Application 學費減免計劃申請

Application forms will be distributed to all students who are offered a school place. Parents or legal guardians of students who wish to apply for fee remission should fill in the application forms according to the guidelines given and submit the supporting documents required together with the completed application form on or before the application deadline stated on the form.

凡獲本校取錄之新生,將獲派一份申請表。申請人(學生的家長或合法監護人)須根據指引填妥申請表格,連同所需文件,在申請表所列之截止日期前交回本校。

Discretionary Fee Remission Schem 酌情機制

1. Siblings Discretionary Fee Remission 同校姊妹

The School will provide fee remission for families with 2 or more daughters studying at the secondary section in the same school year.

Example:

In a family of 4 with 2 daughters attending Heep Yunn School, in determining the eligibility of Daughter A for fee remission, the applicant should refer to the row of 4 family members; while for Daughter B, the member of family members would be adjusted to 4+1, hence the applicant should refer to the row of 5 family members for Daughter B.

申請者有多於兩個或以上的女兒在同一學年就讀協恩中學,可獲減免學費。

例子

以一個四人家庭為例,兩名女兒在同一學年均就讀協恩中學,女兒甲是否符合校方減免學費資格,是根據4人家庭的收入來計算。至於計算女兒乙的減免學費方法,則可將家庭總人數計算成「4+1」,因此,其家庭成員應參照5人家庭收入一項。

2. Emergency Discretionary Fee Concessions 緊急支援

Families in sudden financial hardship can apply for emergency discretionary fee concessions all year round whenever necessary, and need not wait until the prescribed application period for the normal fee remission application period.

有突發或緊急經濟困難的學生家庭, 可隨時申請此項學費減免。

3. Discretionary Fee Concessions (Long Term Medical Expenses) 長期病患醫療開支

Families bearing the long-term medical expenses of their own household member(s) or the parents' next-of-kin without any public funding support may also apply for discretionary fee concessions.

如學生家庭,因自費支付其家庭成員或家長直系親屬的長期病患醫療開支,而陷入經濟困難,亦可申請此項學費減免。

Living Expenses Subsidy 生活津貼

Students eligible for full (100%), three-quarters (75%) or half (50%) fee remission who are in financial difficulties may apply for living expenses subsidies, which will be granted in suitable cases for up to 10 months in an academic year. Eligible students will be provided with details upon successful application of full (100%), three-quarters (75%) or half (50%) fee remission.

符合資格獲學費全免、四分三免或半免而又有經濟困難的學生,可申請發放生活津貼。津貼額視乎個別情況而定。每一名獲支援的學生,每一學年最多可獲為期十個月的生活津貼。凡獲學費全免、四分三免或半免之學生,本校將會提供有關之申請資料。

Scholarships 獎學金





Scholarships will be awarded to selected students with outstanding performance in their academic studies, sports, cultural activities and voluntary services. The number of scholarships and amount to be awarded will be reviewed yearly by the School Management Committee.

學校會頒發獎學金予學業成績優異或在體育、文化、 服務等活動有傑出表現的學生,有關數量及金額不 定,由校董會每年議定。

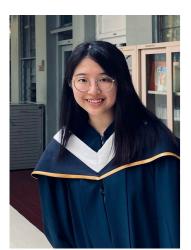
1. Scholarships for academically outstanding students 學業成績獎

- Pre-Form 1: 20 students with the highest scores in the school's streaming test will be awarded different levels of scholarships when joining Heep Yunn School in Form 1.
- Form 1 to Form 5: At the end of each academic year, different levels of scholarships will be awarded to the top 10 students from Form 1 to Form 5. Students with outstanding results in individual subjects as well as remarkable progress will also be awarded scholarships at a fixed monetary amount.
- Form 6: Different levels of scholarships for Form 6 students will be awarded based on the HKDSE examination results. The number of scholarships for Form 6 students and amount to be awarded will be determined by the School Management Committee after a yearly review.
- · 準中一學生: 約20名, 頒予在分班試成績最好的學生。
- · 中一至中五: 設全級成績首10名獎、學科 獎、進步獎等。
- · 中六:校董會每年依據中六學生在香港中學 文憑試考獲的成績,議定中六獎學金的名額 及金額。

2. Scholarships for outstanding performance in Sports, Cultural Activities or Services 體育、文化、服務獎

- 20 talented students in sports or cultural activities will be awarded scholarships when joining Heep Yunn School in Form 1.
- Three levels of scholarships, namely gold, silver and bronze will be provided for students with outstanding performance in sports, cultural activities or services from Form 1 to Form 6.
- · 準中一學生: 約20名, 頒予在體育或文化活動上有傑出表現的學生。
- 中一至中六:設金,銀,銅獎,頒予在體育、文化活動或服務上有傑出表現的學生。

Alumnae's Sharing 校友分享



Stephanie Yip

Class of 2018

Master of Arts in Philosophy - University of Edinburgh (2022) Awardee - Hong Kong Scholarship for Excellence Scheme (2018-2019) Team Captain - Chinese Debating Team (2016-2017)



A big part of who I am now traces back to my time at Heep Yunn.

Heep Yunn girls do not just work hard academically, we are also constantly offered challenges in the form of co-curricular activities. My experiences participating in STEM competitions, building stalls out of slotted angle bars during fun fairs, as well as being the captain of the Chinese Debating Team have trained me to be resourceful and flexible. Of course, I was not alone - teachers, alumni, classmates and junior schoolmates were always willing to offer a helping hand. By appreciating and practising teamwork, I am proud to say that Heep Yunn has made me a good leader, and an even better teammate.

Another character that I have developed from my Heep Yunn days is to stay humble. Schoolmates in Heep Yunn were all talented in so many different aspects, which made it daunting to realise how "ordinary" I was. But soon I was able to treasure the exposure, and learn to appreciate how others shine - most importantly, I can work hard on my pursuits and shine in my own way.

Ten years ago, I started my journey in Heep Yunn as a Form 1 student. With love, support and encouragement from the Heep Yunn family, I enjoyed my days studying, debating and exploring, which prompted me to embark on another journey as a Philosophy student at the University of Edinburgh. With receiving comes giving back - just after my graduation earlier this year, I returned to Heep Yunn as a substitute teacher. It was rewarding to see Heep Yunn girls, wearing the same Cheongsam and sitting in the same classroom as I did. But this time, I could be the one to give them insight, inspiration and love.



Ivy Chan

Class of 2019

Year 1 Master of Science in Applied Linguistics and Second Language Acquisition, University of Oxford

Awardee - Hong Kong Scholarship for Excellence Scheme (2023)

BA in Translation, CUHK (2023)

Head Prefect (2017-2018)

Archery Team Captain (2017-2018)

Publications Department Chief Designer (2017-2018)



Every hidden gem yearns for a lapidary to reveal its glamour, and every student calls for a holistic education to unleash their potential. If you are looking for an all-round academy, there is no better place than my alma mater -- Heep Yunn School.

Heep Yunn is a blessed land of possibilities. It was where I had matured into a full-fledged individual, and witnessed the transformations of many others. As timid as I was when I first joined HYS, I was cordially welcomed by various student unions, such as the Photography Team and Publications Department. As days went by, the two clubs I enrolled in snow-balled into three, and then four -- by my graduation, I had participated in the Archery Team, Student Association, Prefects Team and Putonghua Society, as well as partaken in some leadership roles, many of which have opened doors to my personal development.

Here in Heep Yunn, teaching and learning are never constrained in cold, monotonous classrooms. Throughout the six years, the School has granted me ample opportunities to venture into unknown waters, by which I had discovered my own potential. Even as a graduate, I remain forever grateful to the School, and wish only the best for Heep Yunn.

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Kristy Chow

Class of 2022

Year 2, Medicine (MBChB) Programme Global Physician-Leadership Stream (GPS), CUHK Second Head Prefect (2021) Choir Leader (2019-2021) Executive Committee Member of the Science and Technology Society (2019-2021)



I used to think that 'Once a Heep Yunn girl, forever a Heep Yunn girl' is a cliché, I now realise that it is true.

Back then when I was 12, I had no idea what I was capable of, who I wanted to become, and what I wanted to achieve in life. Six years have passed and I am now a medical student who aspires to serve others using my knowledge, just as Heep Yunn taught me how to serve and not to be served.

I still recall the orientation camp in Form 1 when we were led by a group of student leaders to learn the traditional Heep Yunn cheers. I was amazed by the leadership qualities and charisma they possessed, as well as how proudly they proclaimed their identity as a Heep Yunn girl. Inspired to become leaders like them, I started to participate in various activities.

One of the things that I am most grateful for is that I was granted so many different opportunities at school, which allowed me to fully explore my interests and develop my potential. I was a member of the school choir, symphonic band and Science and Technology Society. Moreover, I was granted a lot of leadership experiences in Heep Yunn, such as being the Second Head Prefect and the chairlady of the Music Department. Through these invaluable experiences, I have learnt to value teamwork and mutual respect. Moreover, my sense of belonging towards Heep Yunn was strengthened as I passed on the legacy to the juniors.

In Heep Yunn, we do not only learn in classrooms, but also in the real world. Through the Personal Growth Programme, we travelled abroad to learn about different cultures and carry out voluntary activities. This made me reflect on the privileges I have and reinforced my desire in doing humanitarian work in the future. In Form 4, we participated in the Work Placement Programme to have a glimpse of the actual workplace environment. This experience allowed me to realise where my aspiration truly lies and contributed to my final decision as to which career to pursue.

In addition, Heep Yunn provided me with a nurturing environment to grow, try and thrive in as many things as we wanted. In particular, the teachers in Heep Yunn were extremely supportive. They not only gave us constructive advice to improve academically, but also encouragement to support us to carry on.

I used to think that 'Once a Heep Yunn girl, forever a Heep Yunn girl' is a cliché, I now realise that it is true. In life, we may mess things up or be hit by harsh reality. Yet, I do believe that our six years in Heep Yunn has shaped us into resilient individuals who will never give up despite difficulties. This place is not merely a place for knowledge acquisition, but also a place for girls to become independent young women who are capable of making a difference in society.



Tiffany Yip

Class of 2023

Year 1 Bachelor of Medicine and Bachelor of Surgery, HKU Head Prefect (2021-2022) Member of Volleyball Team and Beach Volleyball Team (2017-2023) Executive Committee Member of Psychology & Dub, Mathematics Society, Computer Society (2021-2022)



Heep Yunn wasn't just a place of learning for me; it was the place that shaped me into the person that I am today.

During my time at Heep Yunn, I had numerous opportunities to deliver speeches and often avoided using the motto "Together Everyone Achieves More" as I considered it cliché and vague. In hindsight, however, I have come to realise that this motto perfectly encapsulates my experience at Heep Yunn.

At Heep Yunn, achieving success goes beyond winning prizes or achieving great results in competitions. It is about personal growth and pushing beyond our limits as a team. I have vivid memories of the early mornings spent in grueling training sessions with my volleyball teammates before tournaments, the long hours dedicated to studying alongside my friends in the library, and overcoming the challenges that come with navigating through adolescence. Throughout it all, I never felt lonely. Even when they couldn't be there in person, I knew my fellow schoolmates and teachers were there to support me when I needed them the most.

As I ventured into the next chapter of my life, I now understand the immeasurable value of the companionship and encouragement that I had at Heep Yunn. I have come to appreciate the unique camaraderie and special bond I shared with my peers and teachers. I have met new acquaintances in university, but I often find it difficult to develop lasting friendships like I did during my time at Heep Yunn.

Indeed, Heep Yunn wasn't just a place of learning for me; it was the place that shaped me into the person that I am today. There were abundant opportunities for me to explore my potential, identify my strengths and weaknesses, and discover my true interests. At Heep Yunn, I was often encouraged to view myself from multiple perspectives and motivated to strive for self-improvement. Over the course of six years, I gained a deeper understanding of myself and was empowered to become the person I aspired to be.

Heep Yunn played a pivotal role in molding me into a well-rounded individual who is curious about the world, willing to try new things, and builds deeper connections with others through understanding and empathy. I am deeply grateful for the opportunities and experiences that Heep Yunn provided me, and will forever cherish the memories and friendships that I forged during my time there.

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In strength and grace we stand united In faith and love we are committed